



Jay Shideler Elementary School

# Blues News

Volume 21 January 2023

js.usd437.net

4948 SW Wanamaker Rd

785-339-4600

## Principal's Note

Dear Jay Shideler Families,

Happy New Year! It's hard to believe that we are halfway through the school year. We are excited to have students back in the building and look forward to finishing out the second half of our school year in a positive and successful way!

We have an exciting event coming up in the month of January as we kicked off our **Kids Heart Challenge** through the American Heart Association on January 9th!

This year, our school is ready for a worldwide adventure with the Heart Heroes who will teach us about staying strong in mind and body while we raise funds to help people with broken hearts. Students also have the opportunity to learn Hands-Only CPR when they complete FINN'S MISSION – that puts a forever lifesaving skill into our own hands!

We have some exciting things planned with this year's event to get students moving, help others, and have fun! Make sure your student is signed up at <http://www2.heart.org/goto/jayShidelerElementary> or download the Kids Heart Challenge app!

Sincerely,

**Sandra Cromwell, Principal**  
[cromwsan@usd437.net](mailto:cromwsan@usd437.net)

## School Calendar

<b>1/09</b>	Kids Heart Challenge Kickoff
<b>1/13</b>	No School
<b>1/16</b>	No School
<b>1/17</b>	Board of Edu., 6:30p
<b>1/19</b>	Spelling Bee
<b>1/20</b>	Chess Club, 3:45p, Library
<b>1/25</b>	Early Release, 3p
<b>1/27</b>	Chess Club, 3:45p, Library
<b>2/02</b>	Spring Class Pictures
<b>2/03</b>	Pokemon Club, 3:45p, Library
<b>2/06</b>	Board of Edu., 6:30p
<b>2/08</b>	PTO, 6:30p
<b>2/08</b>	Early Release, 3p

## President's Pen

Happy New Year! I hope you and your family had a good break.

The budget committee will be meeting later this month to review funding requests from staff and teachers. The results of that meeting will be shared at the next PTO meeting and the next newsletter.

Finally, the Gift of Giving campaign finished up in December. Thanks to Katie Elwell and Lauren Ewald for their work on this worthwhile project. Thank you to all

of the JS families that donated items. We had a great turnout and helped a lot of families in our Topeka community!

We will not have a PTO meeting in January, but we hope to see you at our next meeting on February 8<sup>th</sup>!

It's a Great Day to be a Blue Jay!

**Lori Rupp, PTO President**  
[lori@ruppurology.com](mailto:lori@ruppurology.com)



### Mrs. K's Counseling Corner

Many of us are making positive plans for the New Year. I have worked with the 3rd-6th graders to help them think about what they might want to do to get their year and the 2nd semester off to a good start. They have had a lot of great ideas and we talked about being specific in our goals. Some goals were academic and others were geared toward sports and hobbies. I hope they will share some of their ideas with you, so you will know what is on their mind.

Our character theme for the third nine weeks is **respect**. Last week, I shared a story with K-2 about respecting

differences and how kindness and working together makes life more enjoyable. This quarter we will also talk about internet safety.

I look forward to this second semester. It always seems to fly by so quickly, but it is so wonderful to see how students have grown since the beginning of the school year. If you have any questions or concerns, please don't hesitate to let me know. I am here to help.

**Mrs. K., School Counselor**  
[kickhgly@usd437.net](mailto:kickhgly@usd437.net)  
785-339-4615

**Ask a Child Therapist**  
(Formerly the Real-World Parenting Series)

E-mail your questions about this month's topic to **marketing@fsgctopeka.com**. They will be answered during the live Q&A and may be featured in a weekly video!

- This month's topic is **Anger Management.**
- Check out FSGC's Facebook page for weekly videos.
- FREE Live Zoom Q&A**  
Thursday, January 26  
6:30-7:30 p.m.  
Go to:  
**<https://bit.ly/FSGCanger>**  
**passcode: 001626**

  
FAMILY SERVICE & GUIDANCE CENTER

- Follow us on Facebook ([facebook.com/FSGCtopeka](https://facebook.com/FSGCtopeka)).
- Visit us at [FSGCtopeka.com](https://www.fsgctopeka.com).